



### General Painful Joints Intake Form

Patient Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

**General Data:**

Have you consulted a practitioner in the past for pain symptoms and/or disorder?  
If yes, name of the practitioner? \_\_\_\_\_

Height \_\_\_\_\_ Weight \_\_\_\_\_

Mark any that apply:

<input type="checkbox"/>	Bone Fracture / Trauma	<input type="checkbox"/>	Infection of bone/joint	<input type="checkbox"/>	Chronic Polyarthrititis
<input type="checkbox"/>	Diabetes Type I or II	<input type="checkbox"/>	Perfusion Disorder	<input type="checkbox"/>	Osteoporosis
<input type="checkbox"/>	Peripheral Nerve disorder	<input type="checkbox"/>	Thyroid Disorder	<input type="checkbox"/>	Other: _____

Have you been diagnosed with Rheumatoid or Psoriatic arthritis in the past? No Yes  
If yes, when? \_\_\_\_\_ What treatment was prescribed? \_\_\_\_\_

Do you drink alcohol?  No  Yes, how much per week \_\_\_\_\_  
Do you use tobacco?  No  Yes, how much per week \_\_\_\_\_

Where do you feel pain:

<input type="checkbox"/>	Knee(s)	<input type="checkbox"/>	Feet / Ankle / Toes
<input type="checkbox"/>	Shoulder(s)	<input type="checkbox"/>	Elbow(s)
<input type="checkbox"/>	Hip(s)	<input type="checkbox"/>	Other _____

How long have you experienced pain:

<input type="checkbox"/>	1-4 Weeks	<input type="checkbox"/>	3-6 Months	<input type="checkbox"/>	# of Years
<input type="checkbox"/>	1-3 Months	<input type="checkbox"/>	6-12 Months	<input type="checkbox"/>	Other: _____

**How** is the pain characterized? (exact description) \_\_\_\_\_

**When** does the pain occur? (exact description) \_\_\_\_\_

**In Which Direction** is the pain irradiating? (exact description) \_\_\_\_\_

Which degree of pain exists? Please check each box

	None (0)	Mild (1)	Moderate (2)	Severe (3)
Pain at <b>Strain</b>				
Pain at <b>Night</b>				
<b>Permanent Pain</b>				
Pain at <b>Rest</b>				
Pain at <b>First Movement</b>				

How do you score you pain overall? 1-10, 10 being most severe pain

\_\_\_\_\_



Which Symptoms exist? Check all that apply

<input type="checkbox"/>	Redness of Joints	<input type="checkbox"/>	Swelling of Joints
<input type="checkbox"/>	Limited Motion	<input type="checkbox"/>	Loss of Function
<input type="checkbox"/>	Restricted Profession	<input type="checkbox"/>	Restricted Sports

Have the pain symptoms increased within the past time period?    No    Yes

If yes, within the past

Weeks

Months

Years

**Previous/Current Treatments:**

<b>Type of Treatment:</b>	<b>Period (From/To):</b>	<b>Success: Yes or No</b>
<b>Oral Medications:</b> Steroids Non-Steroidal Medications Opioids / Pain Relief Others		
<b>Physical Therapy:</b>		
<b>Local Injections:</b> Number, Type of Injection		
<b>Local Ointments:</b> Name of medication		
<b>Surgery</b> Date, Type of Surgery		
<b>Electrotherapy</b>		
<b>Other Treatments:</b>		